

Microblading Aftercare Instructions

It is essential that you follow these instructions after your microblading session:
Day one (Day of treatment): Keep the medical silicon band-aid on for 24 hours.

Day Two: After 24 hours, gently wash off the medical silicone with lukewarm water. Be extra careful not to tug or scrub the brows.

*After gently washing off the silicone, you can choose to apply post-care cream on your eyebrows several times a day. Apply the post-care cream with a cotton swab, and use no aggressive movement and/or manipulation of the skin. Make sure your hands are completely clean before caring for your eyebrows.

The following Must be avoided during all nine days post-microblading procedure:

- *Increased sweating
- *Practicing sports
- *Swimming
- *Hot sauna, hot bath, or Jacuzzi
- *Sun tanning or salon tanning
- *Any laser or chemical treatments or peelings, and/ or any creams containing

Retin-A or Glycolic Acid on the face or neck

- *Picking, peeling, or scratching of the micro pigmented area in order to avoid

scarring of the area or removal of the pigment

- *Performing tasks related to heavy household cleaning such as garage or

basement cleaning where there is a lot of airborne debris

- *Spicy foods

- *Smoking

- *Drinking alcohol in excess, as it may lead to slow healing of wounds *Driving in open air vehicles such as convertibles, boats, bicycles, or

motorcycles

- *Touching of the eyebrow area except for when rinsing and applying the post-

care cream with a cotton swab

Before showering apply a layer of post-care cream to protect your eyebrows from moisture. During the shower keep your face away from the shower-head.